

OLD AGE FROM A NEW PERSPECTIVE

within the framework of the EUROPEAN SEMESTER of the European Federation of Psychological Associations and the Hungarian Psychological Society

Friday, 26 September, 2025

Venue: Károli Gáspár University of the Reformed Church, Károlyi-Csekonics Palace 1088 Budapest, Múzeum u. 17. Bálterem és Szivarszoba

9.00 – 9.05. Introduction and welcome

Sofia Ramalho (European Federation of Psychologocal Associations (EFPA), President)

Márta Fülöp (Károli Gáspár University of the Reformed Church; HUN-REN TTK Institute of Cognitive Neuroscience and Psychology, Budapest)

9.05 - 10.45 Active Old Age

Enikő Kiss (Károli Gáspár University of the Reformed Church, Budapest): Positive resources in Old Age

Sándor Rózsa (Károli Gáspár University of the Reformed Church, Budapest):

Determinants of Active Ageing and Quality of Life among the Elderly

Bálint Boga (geriatrician, former president of MGGT, Budapest): Narrative identity in old age

Zsófia Anna Gaál (HUN-REN TTK Institute of Cognitive Neuroscience and Psychology, Budapest): Cognitive Changes in Old Age: What Do We Know Today, and Where Is the Research Heading?

Ágnes Bene (University of Debrecen, Faculty of Health Sciences, Institute of Social Sciences, Department of Gerontology): Positive aging and joyful dancing in old age

10.45-11.15 Coffee Break

11.15 – 13.00 The Challenges of Old Age

István Czigler (HUN-REN Institute of Cognitive Neuroscience and Psychology, Budapest): The wisdom of old age?

Bea Ehmann (HUN-REN Institute of Cognitive Neuroscience and Psychology): **Isolation in old age as an individual and community experience.**

Gábor Kapócs (North-Buda Centre, Saint John's Hospital, Buda Mental Health Centre, Budapest): Psychoteraphy Rehabilitation Daycare Hospital): What You Should Know About Dementia

Ilona Szili (Károli Gáspár University of the Reformed Church, Budapest): Depression in Old Age

Dániel Bacsák (Lege Artis Medicinae, editor-in-chief, Budapest): The Invisible Ones – The Life Path of "Chronic Psychiatric Patients" in Hungary



13.00 -14.00 Lunch Break

14.00 – 15.20 Active Ageing: Work and Competition

Mariann Móré (University of Debrecen, Faculty of Health Sciences, Institute of Social Sciences, Department of Gerontology, Debrecen): Intergenerational Competition

Márta Fülöp (Károli Gáspár University of the Reformed Church; HUN-REN TTK Institute of Cognitive Neuroscience and Psychology): Competition Between Older and Younger Employees

János Győri and Erzsébet Csereklye (Eötvös Loránd University, Faculty of Education and Psychology, Institute of Intercultural Psychology and Education, Budapest): Private Tutoring and Professional Development Among Retired Teachers

Andrea Ferenczi, Ildikó Görgényi Modláné (Hungarian Women's Career Development Association, Budapest): "Women's Careers Without Age Limits" Program of the Hungarian Women's Career Development Association's

15.20 -15.45 Coffee Break

15.45 – 16.45 Women and Old Age

Valéria Ferencz (Károli Gáspár University of the Reformed Church, Budapest): Hormonal Changes and Cognitive Functions in Old Age

Judit Németh & Lilla Lendvai ((Eötvös Loránd University, Faculty of Education and Psychology, Budapest): The Price of Caring: Analysing Women's Ageing Experiences from a Feminist Gerontological Perspective

Lilla Lendvai & Judit Németh (Eötvös Loránd University, Faculty of Education and Psychology, Budapest): Women in the Double Bind of Healthism and Ageism

From 4:45 p.m. free discussion with coffee and refreshments, engaging the audience on the topic of active aging

Participation is free of charge, but registration is required: https://tinyurl.com/3n965wt6

